Naturhouse Health





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EQUITY - SPAIN

Sector: Personal Products

Report date: 22 Jun 2021 Distribution time: 14:00 3m Results 2021 - Estimates upgrade Closing price: EUR 1.69 (21 Jun 2021)

3m Results 2021

Opinion (1): Above expectations Impact (1): We raise our estimates

Naturhouse Health (NTH) is a small family group with headquarters in Madrid (Spain), specialising (c.30 years) in nutrition and the re-education of eating habits (dietetics). With an international presence (c. 80% of revenue; France, Italy and Poland being its core markets). It is managed and controlled by the founding family (77.1% of capital).

Market Data

Market Cap (Mn EUR and USD)	101.4	120.8
EV (Mn EUR and USD) (2)	87.6	104.4
Shares Outstanding (Mn)	60.0	
-12m (Max/Med/Mín EUR)	1.93 / 1.5	7 / 1.17
Daily Avg volume (-12m Mn EUR)	0.05	
Rotation ⁽³⁾	13.6	
Refinitiv / Bloomberg	NTH.MC/	NTH SM
Close fiscal year	31-Dec	

Shareholders Structure (%)

Mr. F. Revuelta & Family	77.1
Free Float	22.9

Financials (Mn EUR)	2020	2021 e	2022 e	2023 e
Adj. nº shares (Mn)	60.0	60.0	60.0	60.0
Total Revenues	56.2	64.2	67.8	72.9
Rec. EBITDA (4)	17.4	21.2	22.1	24.0
% growth	-24.8	22.0	4.3	8.8
% Rec. EBITDA/Rev.	30.9	33.0	32.6	33.0
% Inc. EBITDA sector (5)	11.4	8.8	11.0	5.5
Net Profit	9.4	12.9	13.6	14.9
EPS (EUR)	0.16	0.22	0.23	0.25
% growth	-29.3	38.0	4.7	9.7
Ord. EPS (EUR)	0.16	0.22	0.23	0.25
% growth	-29.0	40.5	4.7	9.7
Rec. Free Cash Flow ⁽⁶⁾	8.8	12.4	13.2	14.3
Pay-out (%)	0.0	27.8	85.0	85.0
DPS (EUR)	0.00	0.06	0.19	0.21
Net financial debt	-17.0	-25.8	-27.0	-28.8
ND/Rec. EBITDA (x)	-1.0	-1.2	-1.2	-1.2
ROE (%)	44.2	42.2	37.6	39.1
ROCE (%) ⁽⁶⁾	91.9	131.7	136.1	147.6

Very good results (1Q21) accompanied by an extraordinary dividend

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REVENUES IMPACTED BY COVID-19 (EUR 14.8Mn, -11.9% y/y), with uneven performances by the various markets. Italy saw revenue pick up (+4.2% y/y; EUR 4.4Mn, 29.6% of consolidated revenue) being the first market to be impacted by Covid-19 (1Q20), partly making up for the worse performance of the remaining markets: -12.4% y/y in Spain (EUR 2.9Mn, 19.8% of revenues) and c. 20% in the other countries, that even so reflects a deceleration of the decline vs. 4Q20.

STRONG PERFORMANCE BY THE ONLINE CHANNEL, THE MAINSTAY OF COMPANY

STRATEGY. Rolled out at the beginning of 2020 (in Europe), it contributed c. 3.5% of sales, exceeding our estimates for the year (c. 2.3% 2021e). Although its contribution could vary with the gradual recovery of normality, NTH seeks to offset lower sales from the closure of centres (-42 centres y/y as a whole between owned and franchised outlets vs. 2020) with online sales.

RECORDING MARGIN HIGHS (39.4% REC. EBITDA/REVENUE, +14.6p.p. y/y), thanks to the reduction of personnel costs as a result of the extension of the furlough scheme in Spain and lower costs due to the closure of unprofitable centres (-12% vs. 2020). As a result, Rec. EBITDA has risen to EUR 5.9Mn (+40% y/y), -5.6% vs. 1Q19, this improvement accelerating at the EBIT line (EUR 5.2Mn, +57.5% y/y due to the smaller impact of IFRS-16).

STRENGTHENING THE BALANCE SHEET (EUR 21.2Mn IN NET CASH 1Q21, c. 5x y/y) AND ANNOUNCING AN "EXTRAORDINARY" DIVIDEND: EUR 3.6Mn to be charged to freely disposable reserves (pre-2020; there are restrictions on dividend payments charged to earnings generated in those years in which the company has adopted the furlough scheme). The DPS (EUR 0.06/share) will be paid out on 3 September. Although NTH has margin to remunerate its shareholders (c. EUR 28 in reserves), it has announced a pay-out freeze until the health crisis has ended.

IN CONCLUSION, VERY GOOD RESULTS THAT HAVE NOT BEEN PRICED IN. We upgrade our estimates (c. +4% for EBIT on average; lower leasing and advertising costs), including the announced dividend (2021). Our numbers envisage an increase in operating costs (2H) associated with the potential opening of own centres (2H), the ending of the furlough scheme and an increase in advertising costs in line with the economic recovery. NTH is trading at 7.8x 2021e P/E, offering a FCF yield >12%, that should be attractive to investors.

Ratios & Multiples (x)⁽⁷⁾

P/E	10.8	7.8	7.5	6.8
Ord. P/E	10.8	7.7	7.3	6.7
P/BV	3.9	2.9	2.8	2.6
Dividend Yield (%)	0.0	3.6	11.4	12.5
EV/Sales	1.56	1.36	1.29	1.20
EV/Rec. EBITDA	5.0	4.1	4.0	3.6
EV/EBIT	6.2	4.7	4.5	4.1
FCF Yield (%) ⁽⁶⁾	8.7	12.2	13.0	14.1

The opinion regarding the results is on reported EBITDA with respect to our estimate
for the year (12m). The impact reflects whether, due to the results, we envisage a
significant revision (>5% - 10%, depending on the sector) of our EBITDA estimate (for
any of the estimated years).

- (2) Please refer to Appendix 3.
- (3) Rotation is the % of the capitalisation traded 12m.
- (4) Financial projections include IFRS 16 adjustments. FY 19 EBITDA is c. EUR 3.5Mn higher due to IFRS 16.
- Sector: TR Europe Food Processing.
- (6) Please see Appendix 2 for the theoretical tax rate (ROCE) and rec. FCF calculation.
- (7) Multiples and ratios calculated over prices at the date of this report.

20	Completed a	Manage 1				
80		· money			-	-NTH
60		\	Man a	- A	-	NTH vs Ib
40		٦	A	The same of the sa		
20						
jun/16	jun/17	jun/18	jun/19	jun/20	jun/21	

=							
a r_	Stock performance (%)	-1m	-3m	-12m	YTD	-3Y	-5Y
	Absolute	1.5	-7.1	-0.3	9.0	-53.3	-57.1
	vs Ibex 35	3.2	-12.9	-18.3	-2.7	-50.0	-58.9
1	vs Ibex Small Cap Index	-2.3	-8.8	-29.6	-1.4	-59.1	-79.0
	vs Eurostoxx 50	-0.6	-13.4	-20.7	-5.8	-61.4	-69.0
	vs Sector benchmark ⁽⁵⁾	-1.7	-15.8	-4.8	0.1	-67.1	-69.3

^(*) Unless otherwise indicated, all the information contained in this report is based on: The Company, BME and Lighthouse

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Relative performance (Base 100)



3M 2021 Results

Table 1. 1Q 2021 Results

	3m21		224 David		2024
			3m21 Real		2021e vs
EUR Mn	Real	3m20	vs 3m20	2021e	2020
Total Revenues	14.8	16.9	-11.9%	64.2	14.2%
France	5.1	6.3	-19.4%		n.a.
Spain	2.9	3.3	-12.1%		n.a.
Italy	4.4	4.2	4.2%		n.a.
Poland	1.7	2.3	-24.4%		n.a.
ROW	0.4	0.5	-21.2%		n.a.
Other income	0.3	0.2	57.1%		
Recurrent EBITDA	5.9	4.2	40.0%	21.2	22.0%
Rec. EBITDA/Revenues	39.4%	24.8%	14.6 p.p.	33.0%	2.1 p.p.
EBITDA	5.9	4.2	40.0%	21.2	21.6%
EBITDA/Revenues	39.4%	24.8%	14.6 p.p.	33.0%	2.0 p.p.
EBIT	5.2	3.3	57.5%	18.6	31.0%
PBT	5.2	3.4	51.4%	18.9	39.8%
NP	3.6	2.5	45.2%	12.9	38.0%
Nr. Of Centers	1744	2109	-365	1788	0
Owned o/total (%)	5.7%	10.9%	-5.1 p.p.	7.5%	1.2 p.p.
Online Sales (%)	3.5%	0.0%	3.5 p.p.	2.3%	0.5 p.p.
Net Debt*	-21.2	-4.1	-414%	-25.8	-51%
ND / EBITDA	-3.6 x	-1.0 x	-2.6 x	-1.2 x	-0.2 x

Table 2. Review of estimates

EUR Mn	2021e (New)	2021e (Old)	Review	2022e (New)	2022e (Old)	Review	2023e (New)	2023e (Old)	Review
Total Revenues	64.2	64.3	0.0%	67.8	67.9	0.0%	72.9	72.9	0.0%
Recurrent EBITDA	21.2	20.3	4.6%	22.1	21.4	3.3%	24.0	23.3	3.1%
Recurrent EBITDA growth	22.0%	16.6%	5.4 p.p.	4.3%	5.6%	-1.4 p.p.	8.8%	9.0%	-0.2 p.p
Rec. EBITDA/Revenues	33.0%	31.5%	1.5 p.p.	32.6%	31.5%	1.0 p.p.	33.0%	32.0%	1.0 p.p.
EBIT	18.6	17.6	5.4%	19.4	18.8	3.5%	21.3	20.7	3.1%
Net Profit	12.9	12.5	3.7%	13.6	13.3	2.0%	14.9	14.6	1.6%
Rec. Free Cash Flow	12.4	12.2	1.1%	13.2	13.2	-0.2%	14.3	14.3	-0.2%
ND/Rec. EBITDA	-1.2 x	-1.4 x	0.2 x	-1.2 x	-1.4 x	0.2 x	-1.2 x	-1.4 x	0.2 x





Valuation inputs

Inputs for the DCF Valuation Approach

	2021 e	2022 e	2023 e	Terminal Value ⁽¹⁾		
Free Cash Flow "To the Firm"	12.8	13.6	14.7	230.3		
Market Cap	101.4	At the date of this	report			
Net financial debt	-17.0	Debt net of Cash (12m Results 2020)		
					Best Case	Worst Case
Cost of Debt	0.2%	Net debt cost			-0.1%	0.4%
Tax rate (T)	20.0%	T (Normalised tax	rate)		=	=
Net debt cost	0.1%	Kd = Cost of Net D	ebt * (1-T)		-0.1%	0.3%
Risk free rate (rf)	0.5%	Rf (10y Spanish bo	nd yield)		=	=
Equity risk premium	9.0%	R (own estimate)			8.5%	9.5%
Beta (B)	1.0	B (own estimate)			0.9	1.1
Cost of Equity	9.5%	Ke = Rf + (R * B)			8.1%	10.9%
Equity / (Equity + Net Debt)	100.0%	E (Market Cap as e	equity value)		=	=
Net Debt / (Equity + Net Debt)	0.0%	D			=	=
WACC	9.5%	WACC = Kd * D + I	Ke * E		8.1%	10.9%
G "Fair"	2.0%				2.0%	1.0%

⁽¹⁾ The terminal value reflects the NAV of FCF beyond the period estimated with the WACC and G of the central scenario.

Free Cash Flow sensitivity analysis (2022e)

A) Rec. EBITDA and EV/EBITDA sensitivity to changes in EBITDA/Sales

Scenario	EBITDA/Sales 22e	EBITDA 22e	EV/EBITDA 22e
Max	35.9%	24.3	3.6x
Central	32.6%	22.1	4.0x
Min	29.3%	10 0	4 4v

B) Rec. FCF and Rec. FCF - Yield sensitivity to changes in EBITDA and CAPEX/sales

Rec. FCF EUR Mn		CAPEX/Sales 22e					
EBITDA 22e	1.0%	1.5%	2.0%	Scenario)	<u> </u>	Rec. FCF/Yield 22e
24.3	15.7	15.4	15.1	Max		15.5%	15.5% 15.2%
22.1	13.5	13.2	12.8	Central		13.3%	13.3% 13.0%
19.9	11.3	10.9	10.6	Min		11.1%	11.1% 10.8%



Appendix 1. Financial Projections(1)

Balance Sheet (EUR Mn)	2016	2017	2018	2019	2020	2021 e	2022e	2023e	_	
Intangible assets	1.9	1.7	1.4	8.9	3.7	3.7	3.7	3.7		
Fixed assets	4.9	5.0	3.8	2.0	1.2	1.4	1.7	2.0		
Other Non Current Assets	3.6	3.5	3.6	3.4	3.5	3.5	3.5	3.5		
Financial Investments	0.9	1.0	0.8	0.8	0.6	1.0	1.3	1.7		
Goodwill & Other Intangilbles	-	-	-	-	-	-	-	-		
Current assets	15.9	19.3	16.3	12.2	11.8	12.2	12.1	12.4		
Total assets	27.2	30.5	25.9	27.3	21.0	21.8	22.4	23.3		
Equity	27.1	24.5	18.8	16.5	26.0	35.3	36.8	39.3		
Minority Interests	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.1		
Provisions & Other L/T Liabilities	1.4	1.5	1.2	1.1	1.4	1.4	1.4	1.4		
Other Non Current Liabilities	1.4	-	-	5.2	2.5	2.5	2.5	2.5		
Net financial debt	(12.8)	(5.2)	(5.4)	(5.0)	(17.0)	(25.8)	(27.0)	(28.8)		
Current Liabilities	11.4	9.7	11.2	9.5	8.1	8.4	8.6	8.9		
Equity & Total Liabilities	27.2	30.5	25.9	27.3	21.0	21.8	22.4	23.3		
Equity & Total Elabilities	27.2	30.3	23.3	27.3	21.0	21.0	22.4	23.3		
P&L (EUR Mn)	2016	2017	2018	2019	2020	2021e	2022e	2023e	16-20	AGR 20-23e
Total Revenues	98.3	95.4	88.7	82.4	56.2	64.2	67.8	72.9	-13.0%	9.0%
Total Revenues growth	1.8%	-2.9%	-7.1%	-7.1%	-31.7%	14.2%	5.6%	7.4%	-13.0%	3.070
COGS	(28.6)	(27.1)	(25.2)	(23.8)	(15.9)	(18.8)	(19.7)	(21.1)		
Gross Margin	69.7	68.3	63.5	(23.6) 58.5	40.4	45.4	48.1	51.8	-12.8%	8.7%
3									-12.0%	0.770
Gross Margin/Revenues	70.9%	71.6%	71.6%	71.0%	71.8%	70.7%	70.9%	71.1% (1.4.1)		
Personnel Expenses Other Operating Expenses	(19.3) (17.8)	(20.4)	(20.7) (19.6)	(19.3)	(12.4)	(13.2)	(13.7) (12.3)	(14.1)		
		(17.7)		(16.1)	(10.6)	(11.0)		(13.6)	14 60/	11.4%
Recurrent ERITDA	32.6	30.3	23.2	23.1	17.4	21.2	22.1	24.0	-14.6%	11.4%
Recurrent EBITDA growth Rec. EBITDA/Revenues	-3.5% 33.2%	-7.2% 21.7%	-23.4% 26.2%	-0.3%	-24.8%	22.0%	4.3%	8.8%		
•		31.7%		28.1%	30.9%	33.0%	32.6%	33.0%		
Restructuring Expense & Other non-rec.	(0.2)	(0.9)	0.1	(0.2)	0.1	- 21.2	22.1	24.0	14 20/	11 20/
EBITDA	32.4	29.4	23.3	22.9	17.4	21.2	22.1	24.0	-14.3%	11.3%
Depreciation & Provisions	(1.0)	(1.1)	(1.1)	(1.0)	(0.7)	(0.6)	(0.7)	(0.7)		
Capitalized Expense	-	-	-		- (2.5)	- (2.0)	- (2.0)	- (2.0)		
Rentals (IFRS 16 impact)	- 24.4	- 20.2	- 22.4	(3.3)	(2.5)	(2.0)	(2.0)	(2.0)	10.00/	14.00/
EBIT	31.4	28.3	22.1	18.6	14.2	18.6	19.4	21.3	-18.0%	14.6%
EBIT growth	-3.4%	-9.9%	-21.6%	-15.9%	-24.0%	31.0%	4.7%	9.7%		
EBIT/Revenues	31.9%	29.6%	25.0%	22.6%	25.2%	28.9%	28.6%	29.3%		
Impact of Goodwill & Others	- (0.4)	- (0.0)	- (0.0)	- (0.2)	(0.9)	- (0.0)	- (0.0)	-		
Net Financial Result	(0.1)	(0.0)	(0.0)	(0.2)	(0.0)	(0.0)	(0.0)	0.0		
Income by the Equity Method	0.8	0.4	0.6	0.2	0.3	0.3	0.4	0.4	40 50/	47 40/
Ordinary Profit	32.1	28.7	22.7	18.7	13.5	18.9	19.8	21.7	-19.5%	17.1%
Ordinary Profit Growth	-3.1%	-10.7%	-20.7%	-17.7%	-27.7%	39.8%	4.7%	9.7%		
Extraordinary Results	-	-	-	0.5	- 42.5	-	-	- 24.7	40 50/	47 40/
Profit Before Tax	32.1	28.7	22.7	19.2	13.5	18.9	19.8	21.7	-19.5%	17.1%
Tax Expense	(9.6)	(8.8)	(7.4)	(6.0)	(4.1)	(6.0)	(6.2)	(6.9)		
Effective Tax Rate	30.0%	30.7%	32.4%	31.4%	30.5%	31.5%	31.5%	31.5%		
Minority Interests	0.0	0.0	0.0	0.1	(0.0)	-	-	-		
Discontinued Activities	- 22.5	-	-	- 42.2	-	42.0	- 42.6	-	40.70/	46.60/
Net Profit	22.5	19.9	15.4	13.3	9.4	12.9	13.6	14.9	-19.7%	16.6%
Net Profit growth	-1.6%	-11.8%	-22.6%	-13.8%	-29.3%	38.0%	4.7%	9.7%		
Ordinary Net Profit	22.7	20.7	15.9	13.3	9.4	13.2	13.9	15.2	-19.7%	17.3%
Ordinary Net Profit growth	-3.2%	-8.7%	-23.4%	-16.4%	-29.0%	40.5%	4.7%	9.7%		
										AGR
Cash Flow (EUR Mn)	2016	2017	2018	2019	2020	2021e	2022e	2023e	16-20	20-23e
Recurrent EBITDA						21.2	22.1	24.0	-14.6%	11.4%
Rentals (IFRS 16 impact)						(2.0)	(2.0)	(2.0)		
Working Capital Increase						(0.1)	0.3	0.1	40.000	40.000
Recurrent Operating Cash Flow						19.1	20.4	22.1	-13.8%	16.8%
CAPEX						(0.8)	(1.0)	(1.0)		
Net Financial Result affecting the Cash Flow						(0.0)	(0.0)	0.0		
Tax Expense						(6.0)	(6.2)	(6.9)	44	4= 000
Recurrent Free Cash Flow						12.4	13.2	14.3	-11.3%	17.3%
Restructuring Expense & Other non-rec.						-	-	-		
- Acquisitions / + Divestures of assets						-	-	-		
Extraordinary Inc./Exp. Affecting Cash Flow						-	-	-		
Free Cash Flow						12.4	13.2	14.3	-4.7%	<i>6.3%</i>
						-	-	-		
•										
Capital Increase Dividends Net Debt Variation						(3.6) (8.8)	(12.0) (1.2)	(12.4) (1.9)		



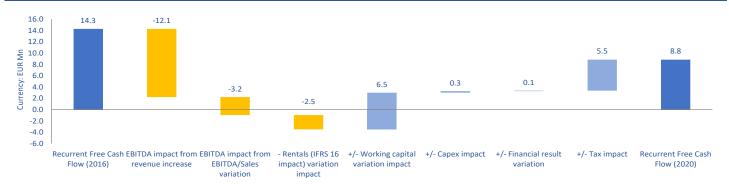
Appendix 2. Free Cash Flow(1)

								CA	GR
A) Cash Flow Analysis (EUR Mn)	2017	2018	2019	2020	2021 e	2022e	2023 e	17-20	20-23e
Recurrent EBITDA	30.3	23.2	23.1	17.4	21.2	22.1	24.0	-16.9%	11.4%
Recurrent EBITDA growth	-7.2%	-23.4%	-0.3%	-24.8%	22.0%	4.3%	8.8%		
Rec. EBITDA/Revenues	31.7%	26.2%	28.1%	30.9%	33.0%	32.6%	33.0%		
- Rentals (IFRS 16 impact)	-	-	(3.3)	(2.5)	(2.0)	(2.0)	(2.0)		
+/- Working Capital increase	(5.1)	4.5	2.4	(1.0)	(0.1)	0.3	0.1		
= Recurrent Operating Cash Flow	25.2	27.7	22.2	13.9	19.1	20.4	22.1	-18.1%	16.8%
Rec. Operating Cash Flow growth	0.2%	9.9%	-19.9%	-37.6%	37.7%	6.9%	8.3%		
Rec. Operating Cash Flow / Sales	26.4%	31.3%	27.0%	24.7%	29.7%	30.1%	30.3%		
- CAPEX	(1.3)	(0.7)	(0.9)	(0.9)	(0.8)	(1.0)	(1.0)		
- Net Financial Result affecting Cash Flow	(0.0)	(0.0)	(0.2)	(0.0)	(0.0)	(0.0)	0.0		
- Taxes	(8.8)	(7.4)	(6.0)	(4.1)	(6.0)	(6.2)	(6.9)		
= Recurrent Free Cash Flow	15.0	19.6	15.1	8.8	12.4	13.2	14.3	-1 6.2 %	17.3 %
Rec. Free Cash Flow growth	5.2%	30.4%	-22.9%	-41.4%	39.7%	6.5%	8.4%		
Rec. Free Cash Flow / Revenues	15.8%	22.1%	18.3%	15.7%	19.2%	19.4%	19.6%		
- Restructuring expenses & others	(0.8)	(0.2)	0.0	1.0	-	-	-		
- Acquisitions / + Divestments	0.3	1.3	(0.9)	2.0	-	-	-		
+/- Extraordinary Inc./Exp. affecting Cash Flow	-	-	0.5	-	-	-	-		
= Free Cash Flow	14.6	20.8	14.7	11.9	12.4	13.2	14.3	- 6.5 %	<i>6.3%</i>
ree Cash Flow growth	1.1%	42.6%	-29.0%	-19.4%	4.0%	6.5%	8.4%		
Recurrent Free Cash Flow - Yield (s/Mkt Cap)	14.8%	19.3%	14.9%	8.7%	12.2%	13.0%	14.1%		
Free Cash Flow Yield (s/Mkt Cap)	14.4%	20.5%	14.5%	11.7%	12.2%	13.0%	14.1%		
3) Analytical Review of Annual Recurrent Free Cash									
Flow Performance (Eur Mn)	2017	2018	2019	2020	2021e	2022e	2023 e		
Recurrent FCF(FY - 1)	14.3	15.0	19.6	15.1	8.8	12.4	13.2	-	
EBITDA impact from revenue increase	(0.9)	(2.2)	(1.6)	(7.3)	2.5	1.2	1.6		
EBITDA impact from EBITDA/Sales variation	(1.4)	(4.9)	1.6	1.6	1.3	(0.3)	0.3		
Recurrent EBITDA variation	(2.3)	(7.1)	(0.1)	(5.7)	3.8	0.9	1.9		
Rentals (IFRS 16 impact) variation impact	-	-	(3.3)	0.7	0.5	-	-		
-/- Working capital variation impact	2.4	9.6	(2.2)	(3.3)	0.9	0.4	(0.2)		
= Recurrent Operating Cash Flow variation	0.1	2.5	(5.5)	(8.3)	5.2	1.3	1.7		
+/- CAPEX impact	(0.2)	0.6	(0.2)	0.0	0.1	(0.2)	-		
+/- Financial result variation	0.1	0.0	(0.2)	0.2	0.0	-	0.0		
+/- Tax impact	0.8	1.4	1.3	1.9	(1.8)	(0.3)	(0.6)		
= Recurrent Free Cash Flow variation	0.7	4.6	(4.5)	(6.3)	3.5	0.8	1.1		
Recurrent Free Cash Flow	15.0	19.6	15.1	8.8	12.4	13.2	14.3		
C) "FCF to the Firm" (pre debt service) (EUR Mn)	2017	2018	2019	2020	2021e	2022e	2023e	17-20	GR 20-23e
EBIT	28.3	22.1	18.6	14.2	18.6	19.4	21.3	-20.6%	14.6%
* Theoretical Tax rate	30.0%	30.0%	30.0%	30.0%	30.0%	30.0%	30.0%		_ 1.0/0
= Taxes (pre- Net Financial Result)	(8.5)	(6.6)	(5.6)	(4.3)	(5.6)	(5.8)	(6.4)		
Recurrent EBITDA	30.3	23.2	23.1	17.4	21.2	22.1	24.0	-16.9%	11.4%
- Rentals (IFRS 16 impact)	30.3	-	(3.3)	(2.5)	(2.0)	(2.0)	(2.0)	-10.370	11.4%
+/- Working Capital increase	(E 1)	4.5	(3.3)			0.3	0.1		
= Recurrent Operating Cash Flow	(5.1) 25.2	4.5 27.7	2.4 22.2	(1.0) 13.9	(0.1) 19.1	20.4	22.1	-18.1%	16.8%
- CAPEX	(1.3)	(0.7)	(0.9)	(0.9)	(0.8)	(1.0)	(1.0)	-10.170	10.0%
- CAPEX - Taxes (pre- Financial Result)							(6.4)		
= Recurrent Free Cash Flow (To the Firm)	(8.5) 15.4	(6.6) 20.3	(5.6) 15.7	(4.3) 8.7	(5.6) 12.8	(5.8) 13.6	(6.4) 14.7	-17.2%	19.0%
Rec. Free Cash Flow (To the Firm) growth	5.5%	32.1%	-22.7%	-44.5%	46.1%	6.4%	8.4%	-17.270	13.0%
Rec. Free Cash Flow (To the Firm) / Revenues	3.3% 16.1%	32.1% 22.9%	-22.7% 19.1%	-44.3% 15.5%	19.9%	20.0%	8.4% 20.2%		
, , , , , , , , , , , , , , , , , , , ,						20.0%	20.2%		
 Acquisitions / + Divestments +/- Extraordinary Inc./Exp. affecting Cash Flow 	0.3	1.3	(0.9)	2.0	-				
	15.7	- 21 7	0.5 15.4	- 10.7	- 12 0	12.6	147	11 00/	11 10/
= Free Cash Flow "To the Firm" Free Cash Flow (To the Firm) growth	15.7 5.1%	21.7 37.8%	15.4 -29.2%	10.7 -30.1%	12.8 18.8%	13.6 6.4%	14.7 8.4%	-11.9%	11.1%
, , , ,									
Rec. Free Cash Flow To the Firm Yield (o/EV)	17.6% 17.0%	23.2% 24.7%	17.9% 17.5%	10.0% 12.3%	14.6% 14.6%	15.5% 15.5%	16.8% 16.8%		
Free Cash Flow "To the Firm" - Yield (o/EV)	17.9%	24.7%	17.5%	12.3%	14.6%	15.5%	16.8%		

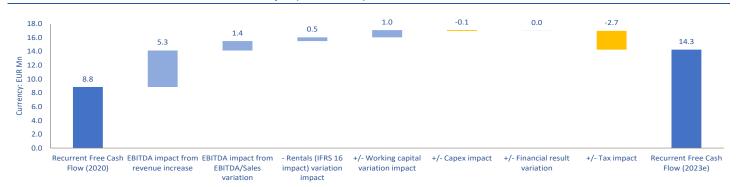
Note 1: Financial projections include IFRS 16 adjustments. FY 19 EBITDA is c. EUR 3.5Mn higher due to IFRS 16.



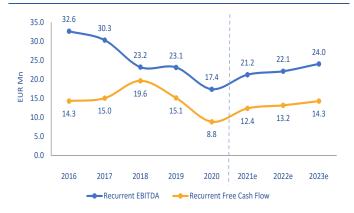
Recurrent Free Cash Flow accumulated variation analysis (2016 - 2020)



Recurrent Free Cash Flow accumulated variation analysis (2020 - 2023e)



Recurrent EBITDA vs Recurrent Free Cash Flow



Stock performance vs EBITDA 12m forward



Appendix 3. EV breakdown at the date of this report

	EUR Mn	Source
Market Cap	101.4	
+ Minority Interests	0.1	12m Results 2020
+ Provisions & Other L/T Liabilities	1.5	3m Results 2021
+ Net financial debt	(21.2)	3m Results 2021
- Financial Investments	0.8	3m Results 2021
+/- Others		
Enterprise Value (EV)	81.0	



Appendix 4. Historical performance (1)(2)

Historical performance															CA	GR
(EUR Mn)	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021e	2022e	2023e	14-20	20-23e
Total Revenues					96.4	96.6	98.3	95.4	88.7	82.4	56.2	64.2	67.8	72.9	-8.6%	9.0%
Total Revenues growth					56.7%	0.2%	1.8%	-2.9%	-7.1%	-7.1%	-31.7%	14.2%	5.6%	7.4%		
EBITDA					33.7	33.6	32.4	29.4	23.3	22.9	17.4	21.2	22.1	24.0	-10.4%	11.3%
EBITDA growth					143.8%	-0.2%	-3.7%	-9.3%	-20.8%	-1.4%	-24.0%	21.6%	4.3%	8.8%		
EBITDA/Sales					34.9%	34.8%	32.9%	30.8%	26.2%	27.8%	31.0%	33.0%	32.6%	33.0%		
Net Profit					22.6	22.9	22.5	19.9	15.4	13.3	9.4	12.9	13.6	14.9	-13.6%	16.6%
Net Profit growth					164.0%	1.3%	-1.6%	-11.8%	-22.6%	-13.8%	-29.3%	38.0%	4.7%	9.7%		
Adjusted number shares (Mn)					60.0	60.0	60.0	60.0	60.0	60.0	60.0	60.0	60.0	60.0		
EPS (EUR)					0.38	0.38	0.38	0.33	0.26	0.22	0.16	0.22	0.23	0.25	-13.6%	16.6%
EPS growth					-100.0%	1.3%	-1.6%	-11.8%	-22.6%	-13.8%	-29.3%	38.0%	4.7%	9.7%		
Ord. EPS (EUR)					0.38	0.38	0.38	0.35	0.26	0.22	0.16	0.22	0.23	0.25	-13.6%	17.3%
Ord. EPS growth					-100.0%	1.8%	-1.3%	-8.7%	-23.4%	-16.4%	-29.0%	40.5%	4.7%	9.7%		
CAPEX					(3.1)	(0.9)	(1.2)	(1.3)	(0.7)	(0.9)	(0.9)	(0.8)	(1.0)	(1.0)		
CAPEX/Sales %)					3.2%	0.9%	1.2%	1.4%	0.8%	1.1%	1.6%	1.2%	1.5%	1.4%		
Free Cash Flow					38.9	30.9	14.4	14.6	20.8	14.7	11.9	12.4	13.2	14.3	-17.9%	6.3%
ND/EBITDA (x) ⁽³⁾					0.0x	-0.4x	-0.4x	-0.2x	-0.2x	-0.2x	-1.0x	-1.2x	-1.2x	-1.2x		
P/E (x)					n.a.	10.1x	12.7x	12.2x	6.2x	9.0x	9.9x	7.8x	7.5x	6.8x		
EV/Sales (x)					0.01x	2.25x	2.76x	2.41x	1.02x	1.39x	1.57x	1.36x	1.29x	1.20x		
EV/EBITDA (x) ⁽³⁾					0.0x	6.5x	8.4x	7.8x	3.9x	5.0x	5.1x	4.1x	4.0x	3.6x		
Absolute performance					n.a.	n.a.	23.4%	-15.0%	-60.9%	26.5%	-22.3%	9.0%				
Relative performance vs Ibex 35					n.a.	n.a.	26.0%	-20.8%	-54.1%	13.1%	-8.2%	-2.7%				

Note 1: The multiples are historical, calculated based on the price and EV at the end of each year, except (if applicable) in the current year, when multiples would be given at current prices. The absolute and relative behavior corresponds to each exercise (1/1 to 31/12).

Note 2: Financial projections include IFRS 16 adjustments. FY 19 EBITDA is c. EUR 3.5Mn higher due to IFRS 16.

Note 3: All ratios and multiples on EBITDA refer to total EBITDA (not to recurrent EBITDA).



Naturhouse Health

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		Price	Target price	Period of		
Date of report	Recommendation	(EUR)	(EUR)	validity	Reason for report	Analyst
22-Jun-2021	n.a.	1.69	n.a.	n.a.	3m Results 2021 - Estimates upgrade	Ana Isabel González García, CIIA
23-Apr-2021	n.a.	1.63	n.a.	n.a.	Initiation of Coverage	Ana Isabel González García, CIIA

